Register here for BHSS 2023 Pre-conference

How to Use Restorative Practices to Support the Mental Health Needs of Staff and Students



WHEN:

Wednesday, December 6, 2023 - In-person pre-conference session 12:30pm-3:30pm \$75.00, includes lunch - available at 11:30am

WHERE:

• In-person— at Glacier Canyon Conference Center - Wilderness Resort in Wisconsin Dells

PRE-CONFERENCE PRESENTERS:

Soumya Palreddy, PhD, is a National Trainer for Mental Health First Aid (MHFA) and a consultant to organizations and schools to center equity and implement restorative justice. In addition to being a National Trainer for MHFA, Soumya was instrumental in the rewrite of Adult MHFA 2.0, Youth MHFA 2.0, and the associated train-the-training programs. Prior to consulting, Soumya served as an Associate Director at University Health Services at UW- Madison.

lan Lowe is an educator with more than 15 years of classroom teaching experience. Ian mentors students and staff on how to center justice and equity through course and project design. As a school-based Restorative Justice practitioner, he developed and sustained a partnership with the YWCA, weaving restorative practices into myriad aspects of the teaching and learning environment. Ian's pedagogical approach in developing collaborative, interdisciplinary, and project-based work with students was captured in Wisconsin Public Radio's Classroom Frequency, which aired in June 2019 and was awarded a regional Edward R. Murrow Award for Education.

SESSION DESCRIPTION

- In order for schools to cultivate equitable learning environments that promote healing, restorative justice practices must be embedded across mental health supports. This intersection creates a meaningful shift in school culture where wellbeing, equity, and relationships are prioritized. In this session, participants will be able to:
 - Identify how Restorative Practices are inextricably linked with equity and mental health.
 - Recognize where Restorative Practices are situated within Wisconsin's School Mental Health Framework (i.e., mental health continuum of supports, collaboration)
 - Differentiate between types of Restorative Practices and learn how each can be used to support the mental health needs of students and the school community.
 - Explain how Restorative Practices can be used to support the mental health needs of staff.

FOR MORE INFORMATION, UPDATES, AND CONFERENCE REGISTRATION:

Visit https://www.wishschools.org/resources/BHSS.cfm.

The Building the Heart of Successful Schools (BHSS) Conference connects and inspires Wisconsin educators in order to serve every student.

